

Today,  
Tomorrow  
and Beyond



# Overview: Today, Tomorrow and Beyond

## TODAY

### Warm Up: 24 hours

- Insert sensor
- Link smart transmitter and sensor
- Not necessary to wear smart transmitter

## TOMORROW

### Initialization

- Place smart transmitter over sensor
- 4 BG Calibrations (2-12 hours apart)

## BEYOND

### Daily Wear

- 2 Daily BG Calibrations (10-14 hours apart)

## • TODAY

### 1. Incision care

#### Incision area

- Do not swim or soak in a tub for five days
- Avoid strenuous activities that may pull at the incision or cause a lot of sweating around the insertion area while the incision heals
- Replace Tegaderm™ if it becomes saturated; otherwise, leave it on over the Steri-Strips™
- Leave the Steri-Strips™ on until they fall off
- Trim the edges of the Steri-Strips™ if they start to curl; do not remove them when doing so
- Place the smart transmitter over the Tegaderm™ after the first day

#### Notify your doctor if:

- Steri-Strips™ come off before incision is fully closed
- You develop a fever, or experience pain, redness, swelling, warmth or drainage at the incision site
- During sensor wear, skin over the sensor looks like it is thinning, depressed, or changing color
- You experience a significant change in health or well-being that you believe is related to your incision site

### 2. Warm-up Phase and app status bar

- The status bar in the Eversense app will show “Warm Up Phase” immediately after linking the smart transmitter with the newly inserted sensor
- It is not necessary to wear smart transmitter on your arm during the Warm-up Phase. After moving the smart transmitter off the arm, the status bar will change to “No Sensor Detected”. When the smart transmitter is powered off, “No Transmitter Connected” will show on the status bar



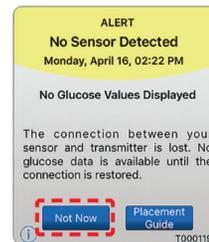
Transmitter powered on\*  
but not over the sensor



Transmitter powered off

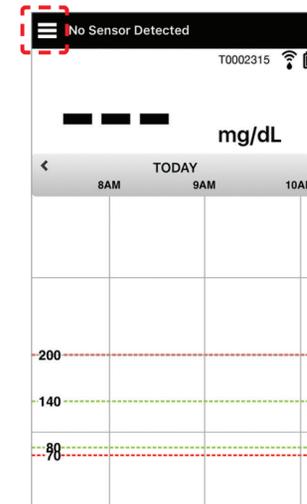
**\*The smart transmitter should remain on when programming your App in order to have access to all app settings and features**

- A “No Sensor Detected” pop-up alert may appear
- Simply tap **Not Now** to clear the alert



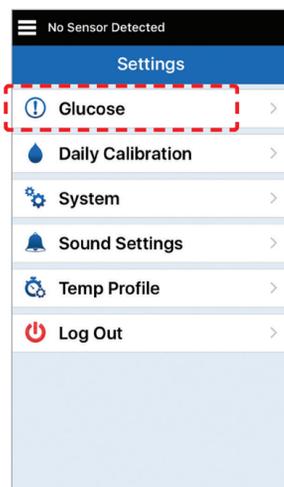
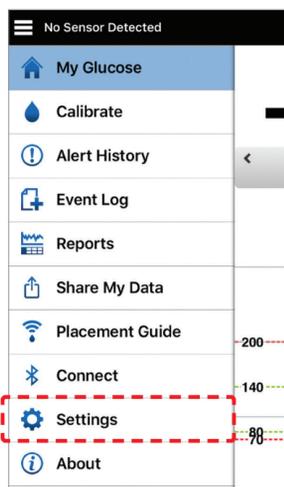
### 3. The Main Menu

Tap the **Menu** icon on top left of the **My Glucose** home page to display app menu.

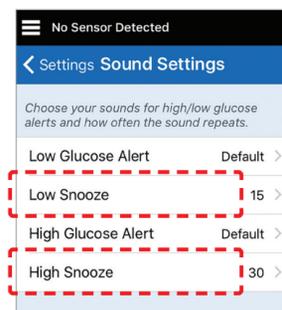
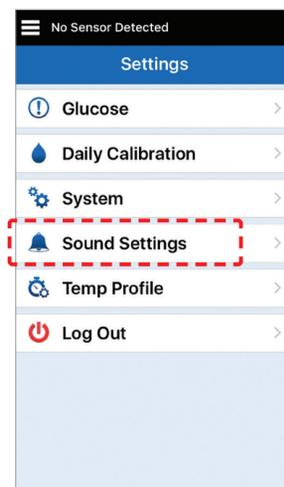


### 4. Personalized settings

#### A. Set Glucose Targets and Glucose Alerts

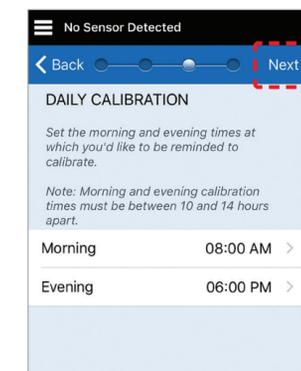
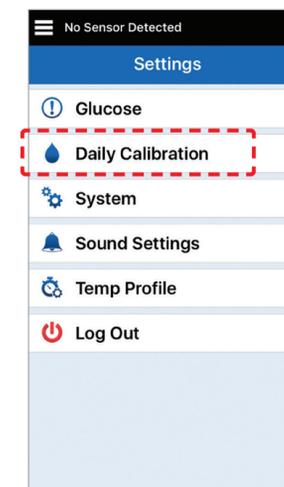


#### B. Set how often Alerts Repeat (Snooze)



Your alerts sounds are also customizable. See *User Guide Section 8*.

#### C. Set Daily Calibration Reminders



The system will accept a calibration up to 2 hours before your set reminder time.

# TOMORROW (System Initialization)

Experience Success video available at <https://eversensediabates.com>

## 5. Charge smart transmitter

- Attach the USB cable to the USB adapter and charging cradle as shown
- Line up the 4 gold pins
- Position the smart transmitter in the cradle
- Push to snap smart transmitter into place
- Charge until LED turns solid green (~15 min)



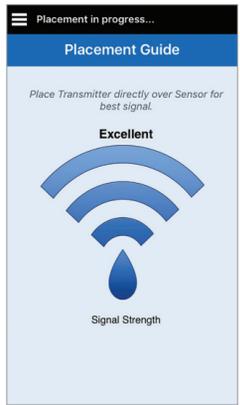
## 6. Attach smart transmitter to adhesive

- Peel off paper backing with the Eversense Smart Transmitter outline on it
- Align the smart transmitter over the sticky side (center) of patch and press firmly to secure
- Remove the larger clear backing



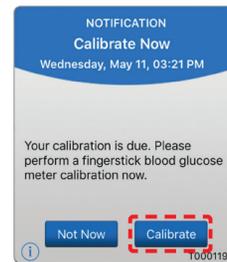
## 7. Place smart transmitter over sensor

- Open the placement guide in the app
- Hold the smart transmitter with adhesive with "wings back" as shown
- Start by gently placing your smart transmitter on the top half of your bandage, using any visible smart transmitter corner marks as a guide
- Wait for the signal strength bars to appear – this may take several seconds
- Position the smart transmitter where the signal strength shows 2-3 bars (good to excellent)
- If you need to reposition the smart transmitter with adhesive, you can carefully lift it off the bandage to do so
- Remove the smaller adhesive backing, and smooth out the adhesive patch. Close the placement guide in the app



## 8. Calibrate system

- Within 10 minutes, you will receive a calibration prompt in the app
- Do a fingerstick blood glucose check; Tap Calibrate and enter the glucose value into the app
- You will receive three more calibration prompts during Initialization, each 2 hours after the previous completed calibration. You can complete all 4 calibrations in as quickly as 6 hours. All 4 calibrations must be completed within 36 hours (record schedule on the right)
- Choose calibration times when blood glucose is likely to be stable



### Calibration Times for Initialization

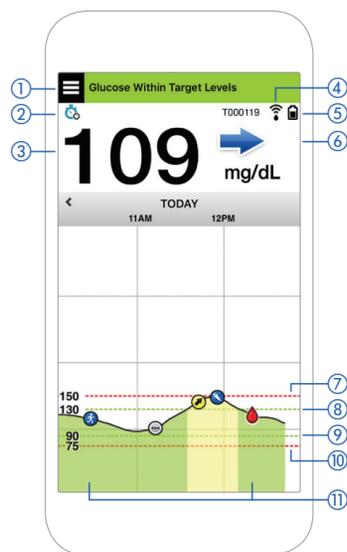
Warm-Up Phase ends: \_\_\_\_\_

#1 \_\_\_\_\_ AM/PM    #2 \_\_\_\_\_ AM/PM\*    #3 \_\_\_\_\_ AM/PM    #4 \_\_\_\_\_ AM/PM

\*Glucose data available after 2nd calibration

# and BEYOND

## 9. My Glucose home screen



### Trend Arrows

There are 5 different trend arrows that show the current direction of your glucose levels, and how fast they are changing.

	Gradually falling or rising glucose levels at a rate between 0.0 mg/dL and 1.0 mg/dL per minute.
	Moderately falling or rising glucose levels at a rate between 1.0 mg/dL and 2.0 mg/dL per minute.
	Very rapidly falling or rising glucose levels at a rate more than 2.0 mg/dL per minute.

- 1 Menu icon
- 2 Temp Profile icon
- 3 Current glucose reading
- 4 Transmitter connection to sensor
- 5 Transmitter battery power
- 6 Trend arrow

- 7 High glucose alert level - - - -
  - 8 High glucose target level - - - -
  - 9 Low glucose target level - - - -
  - 10 Low glucose alert level - - - -
  - 11 Event Log icon
- NOTE:** For a complete description of all screen icons, see Section 7 in your User Guide.

## 10. Alerts and notifications – see, hear, feel

### Alerts and Notifications

**Alerts where no glucose values can be displayed**  
Requires immediate and appropriate action.

**Alerts related to Low Glucose**  
Low Glucose Alert. Requires immediate and appropriate action.

**Alerts related to Predictive Low and Out-of-Range Low Glucose**  
Requires immediate and appropriate action.

**Alerts related to High Glucose**  
High Glucose Alert, Predictive High, and Out-of-Range High. Requires immediate and appropriate action.

**Alerts related to Smart Transmitter Charge**  
Your smart transmitter is running low on battery and should be charged.

**Alerts related to less critical issues, or Notifications**  
Requires some action but may not be as critical in nature.

### Smart Transmitter Vibration Pattern

3 long vives

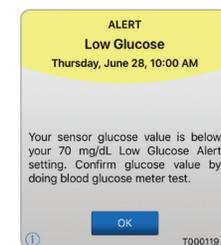
3 short vives x 3

3 short vives

1 long vibe then 2 short vives

3 quick vives then 1 long vibe x 2

1 short vibe

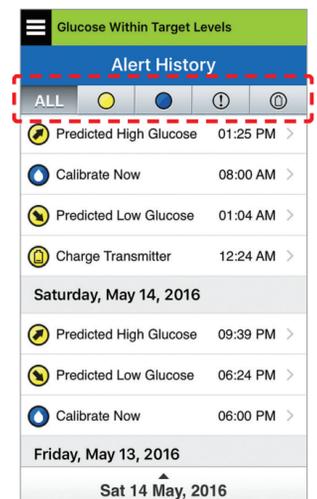


(See User Guide Section 9 for more information)

### To Access Alert History

Menu > Alert History

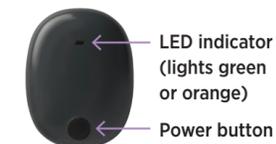
- Alerts are sortable



## 11. Turn OFF smart transmitter for remainder of the 24 hour Warm-up Phase

Press and hold the power button for about 5 seconds until smart transmitter vibrates. LED will flash orange when button is released.

**NOTE:** When turning on, repeat same steps but LED will flash green.



### Tips for Success

- Establish a daily routine for charging your smart transmitter, changing your adhesive patch, and calibrating
- Use both a mirror and the placement guide when positioning your smart transmitter
- Blood glucose may not always match sensor glucose. Always do a fingerstick blood glucose check before treatment decisions and if you have symptoms of low or high blood glucose
- If you experience an Ambient Light alert (more common in early wear), try moving away from direct light, covering the smart transmitter with darker clothing, or placing the smart transmitter slightly higher on the arm over the sensor
- Contact your doctor if you have a medical question or concerns about your diabetes treatment plan
- Contact Eversense Customer Care if you have technical questions about the Eversense CGM System

Eversense Customer Care: 1-844-SENSE4U (736-7348) • [Support@eversensediabates.com](mailto:Support@eversensediabates.com)

### Eversense DMS account information:

Username: \_\_\_\_\_

Password: \_\_\_\_\_

Health care provider clinic ID#: \_\_\_\_\_

Notes: \_\_\_\_\_



The Eversense® Continuous Glucose Monitoring (CGM) System is indicated for continually measuring glucose levels in persons age 18 and older with diabetes for up to 90 days. It is intended to complement, not replace, fingerstick blood glucose monitoring. The sensor insertion and removal is performed by a physician. The Eversense CGM System is a prescription device; patients should talk to their doctor to learn more. For important safety information, see <https://eversensediabates.com/safety-info/>

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